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Accessibility in Everyday Teaching: Small Changes, Big Impact

By

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Introduction to Accessibility in Everyday Teaching

When we talk about accessibility in education, many assume it is only about legally required accommodations. In reality, accessibility is about creating inclusive learning experiences that benefit all learners—not just those with documented disabilities. In busy medical education environments, where educators interact with students, residents, fellows, and even colleagues, small, intentional changes can make a lasting impact.

Why It Matters

Accessible materials help level the playing field and remove barriers that can prevent learners from engaging fully. For example, a resident with a hearing impairment may need captions to access lecture content, but so might a student reviewing content during a night shift in a noisy environment. Accessibility is an act of fairness—it ensures everyone has a fair opportunity to learn and contribute.

Why Now

New federal and state accessibility regulations under ADA Title II go into effect in Spring 2026, clarifying expectations for both instructional and administrative content. These updates remove previous ambiguity and reinforce that accessibility is not optional—it is a shared responsibility across all areas of higher education, including medical education across the UME-GME continuum. Enforcement comes from the federal government and civil lawsuits.

Who and What Does It Impact?

Providing flexible access to accessible materials impacts a broad range of learners: those with visual, hearing, cognitive, or motor disabilities, those using mobile devices, and learners for whom English is not their first language.

What Can We Do as Educators?

Below are steps you can take to reduce barriers and improve learning experiences through quick shifts in your approach.

Idea 1: Use Built-In Heading Styles and Accessibility Checkers

When writing in Word or Google Docs, use the built-in Heading 1, Heading 2 styles instead of just bolding or enlarging text. This creates a logical structure that screen readers use for navigation. Similarly, when building PowerPoint presentations or emailing content, use the Accessibility Checker (under the "Review" tab in the Microsoft Ribbon) to catch and fix common issues.

Idea 2: Communicate Accessibly in Emails and Flyers

Event flyers or important announcements should never be image-only. Include a plain-text version of all key information in the body of the email. Use meaningful link text (e.g., "Register for the faculty session" instead of "Click here"). Avoid using color as the only cue for emphasis and maintain high color contrast to ensure readability.

Idea 3: Caption Your Videos and Use Descriptive Alt Text

If you share recordings—whether lectures, short tutorials, or Zoom sessions—be sure they are captioned. Platforms like Panopto, Zoom, and YouTube offer automatic captioning tools that can be reviewed and edited for accuracy. Likewise, when using images, add captions to describe what the image conveys, especially in teaching materials and emails.

For accessing these resources, please go here:

<https://teach.vtc.vt.edu/educators/educator-resources.html>

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